



Where to be and when!

Wednesday 2 Sep	1700 – 2000	Registration/check in at RORC clubhouse. RORC clubhouse open to all competitors. Registration form to sign and collection of welcome pack which includes neck buff/ face covering and hand sanitiser, along with other sponsor gifts.
Thursday 3 Sep	0830 – 1030	Late Registration/check in at RORC clubhouse. Registration form to sign and collection of welcome pack which includes neck buff/ face covering and hand sanitiser, along with other sponsor gifts.
	1030	Race briefing and daily weather forecast – this will be published on the J-Cup WhatsApp group – please sign up at registration.
	1300	First warning signal– 2 races intended
	1600	North Sails will offer post-race debriefs on a WhatsApp group and daily video footage will be shown at the Club where North representatives will be available.
	1600 - 1700	Fleet 1 – bowl of pasta for competitors – fleets to be advised at registration
	1700	Fleet 1 - Daily Prize Giving
	1700 - 1800	Fleet 2 - bowl of pasta for competitors – fleets to be advised at registration
	1800	Fleet 2 – Daily Prize Giving
	1900 – 2100	Crew suppers are available at the RORC Cowes Clubhouse. Please book direct on: 01983 293581
Friday 4 Sep	0900	Race briefing and daily weather forecast – this will be published on the J-Cup WhatsApp group.
	1100	First warning signal – 3 races intended
	1600	North Sails will offer post-race debriefs on a WhatsApp group and daily video footage will be shown at the Club where North representatives will be available.
	1600 - 1700	Fleet 1 – bowl of pasta for competitors – fleets to be advised at registration



	1700	Fleet 1 - Daily Prize Giving
	1700 - 1800	Fleet 2 - bowl of pasta for competitors – fleets to be advised at registration
	1800	Fleet 2 – Daily Prize Giving
	1900 – 2100	Crew suppers are available at the RORC Cowes Clubhouse. Please book direct on: 01983 293581
Saturday 5 Sep	0900	Race briefing and daily weather forecast – this will be published on the J-Cup WhatsApp group.
	1100	First warning signal – 3 races intended
	1900	Prize-giving sit down Dinner – table service. Tables to be booked per boat with RORC Cowes Clubhouse. Please book direct on: 01983 293581. Please book early as places are limited.